

massage & body

Swedish Mindful Massage	50 80 min	\$ 139 189
Swedish Detox Massage	80 min	\$ 189
Swedish Deep Massage	50 80 min	\$ 139 189
Northern Stillness	110 min	\$ 269
Arctic Detox	110 min	\$ 269
Viking Restart	110 min	\$ 269
Upgrades	30 min	\$ 50

face & beauty

Pure Light Slim	50 80 min	\$ 149 199
Nordic Facial	50 80 min	\$ 149 199
HydraFacial	50 80 min	\$ 169 239
Upgrades	30 min	\$ 50
Waxing	20 50 80 min	\$ 39 79 119
Eyelash/brow tint & shape	20 min	\$ 39

hands & feet

Gel Manicure	50 min	\$ 69
Classic Manicure	50 min	\$ 59
Royal Nordic Hands	80 min	\$ 99
Foot Massage	20 min	\$ 59
Classic Pedicure	50 min	\$ 69
Royal Nordic Feet	80 min	\$ 109

hair

Nordic Hair Ritual	S M/L	\$ 89 109
Hair Up	M L	\$ 65 75
Wash & Blow Dry	S M/L	\$ 55 65
Wash, Cut & Blow Dry	S M/L	\$ 75 85
Wash, Blow Dry & Curl	S M/L	\$ 65 75

gentlemen

Beard Trim	20 min	\$ 29
Hair Cut	20 min	\$ 39
Luxury Beard	50 min	\$ 69
Nordic Male Facial	50 80 min	\$ 149 199
Manicure	20 min	\$ 35
Pedicure	50 min	\$ 69

fitness

Personal Training	50 min	\$ 79
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