

ALL KINDS OF DELICIOUSNESS

BREAKFAST

| | | |
|------------------|-----------------------|-----------------------|
| 6:30am | Coffee & Danish | La Playa Grill, 9 Aft |
| 7:00am – 10:30am | Breakfast on Deck | La Playa Grill, 9 Aft |
| 7:00am – 12:00pm | Late Risers Breakfast | La Playa Grill, 9 Aft |
| 8:00am – 10:00am | Open Seating | Empire, 2 Aft |

LUNCH

| | | |
|------------------|--------------|-----------------------|
| 11:00am – 6:00pm | Grill | La Playa Grill, 9 Aft |
| 12:00pm – 2:30pm | Lido Lunch | La Playa Grill, 9 Aft |
| 12:00pm – 1:30pm | Open Seating | Empire, 2 Aft |
| Taste of Nations | American | La Playa Grill, 9 Aft |

DINNER

| | |
|------------------------|-------------------|
| Assigned Dining Guests | Empire, 2 & 3 Aft |
|------------------------|-------------------|

| | |
|----------------------|---------------------|
| Early Dining: 6:00pm | Late Dining: 8:15pm |
|----------------------|---------------------|

Your Time Dining™ Guests

Empire Dining Room
Guests assigned to Your Time Dining are invited to dine when and with whom they choose each evening.
5:45pm – 9:30pm Empire, 3 Aft

Tonight's dining room attire is **Cruise Elegant**

Please Note: Gym or basketball shorts, flip-flops, bathing suit attire, cut-off jeans, baseball hats and men's sleeveless shirts are not allowed in the dining rooms.

| | |
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| White: | Pino Grigio, Santa Margarita |
| Red: | Pinot Noir, Mirassou |

ALTERNATIVE DINING

We are pleased to offer alternative dining venues with varied selections.

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|------------------|--------------------|
| Ice Cream Parlor | Fantail Bar, 9 Aft |
| 3:00pm – 4:30pm | |

| | |
|-----------------|-----------------------|
| La Playa Grill | La Playa Grill, 9 Aft |
| 6:00pm – 9:30pm | |

| | |
|-------------------|-------------|
| Deli | Deli, 9 Aft |
| 11:00am – 11:00pm | |

| | |
|-----------------|--------------|
| Sushi Bar | Sushi, 2 Fwd |
| 5:00pm – 8:15pm | |

| | |
|-------------------|-----------------------|
| Late Night Bistro | La Playa Grill, 9 Aft |
| 11:30pm – 1:00am | |

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|-------------------------|-----------------------|
| Open 24 Hours | La Playa Grill, 9 Aft |
| Pizza Bar | La Playa Grill, 9 Aft |
| Coffee, Tea & Ice Cream | La Playa Grill, 9 Aft |
| Room Service | Dial 8000 |

BEVERAGE SERVICE

You must be at least 21 years old to be served alcohol on board. Proper identification with birth date is required.

Today's Drink Specialn - "Riviera Delight"

Morning Special - "Bloody Mary's, Mimosas & Screw Drivers"

Today's Martini - "Limelight"

Carnival Signature Cocktail - "Royal Flush"

Icy Inventions - "Mocha Chocolate Getaway"

Spirit Master Mixologist - Dave's - "Rum-De-Dum"

Discover 16 flavors of Martini chilled through a carved ICE slide
4:30pm – 8:30pm Lobby Bar, 2 mid

Fountain Café
Latte, Cappuccino or Espresso. Treat yourself to a thick milkshake made-to-order or indulge with a fresh pastry.

| | |
|------------------|----------------------|
| 7:00am - 12:00am | Fountain Café, 2 Fwd |
| 6:30am - 4:30pm | Lido, 9 Aft |

FOR YOUR INFORMATION

MEDICAL CENTER

Phone: 4444

Medical Center Hours

8:00am – 8:00pm

Doctor's Hours:

8:00am – 11:00am & 3:00pm - 6:00pm

SMOKING AREAS

Smoking is permitted in the Casino, Casino Bar, Shanghai Piano Bar, Dancin' Dance Club, Champion's Sports Bar and the starboard (right) side of the open deck only. Cigar smoking is only permitted in the Champion's Sports Bar located on Deck 2, Fwd & Fantail Bar located on Deck 9, Aft Starboard side.

GUEST SERVICES

Feel free to visit us throughout your cruise for general questions information, or to report lost or found items. Open 24 hours a day, located on Deck 2, Mid.

ROOM SERVICE

24hr room service is complimentary. It is, however, customary to extend a gratuity upon service.

ENERGY & WATER CONSERVATION

Please turn off your lights and water faucet whenever you leave your stateroom. Thank you.

ON AIR

Channel 16 -

Channel 17 -

Channel 27 -

Channel 33 -

Channel 34 -

Channel 35 -

TV Channel Guide

Cruise Director Information channel

Cruise Director channel

The A Team

Extraordinary Measures

Ice Age 3 - Dawn of the Dinosaurs

OPEN TIMES

| | | |
|-----------------------|-------------------|--------------|
| Gymnasium | 6:00am - 8:00pm | Deck 9, Fwd |
| Casino Slots | 8:00am - Late | Deck 2 Mid |
| Spa Carnival | 8:00am - 10:00pm | Deck 9, Fwd |
| Towel Hut | 8:00am - 8:00pm | Deck 9, Mid |
| Formalities | 9:00am - 12:00pm | Deck 3, Mid |
| Loyalty & Cruise Desk | 10:00am - 10:00pm | Deck 2, Fwd |
| Twister Waterslide | 10:00am - 5:00pm | Deck 10, Aft |
| Photo Gallery | 9:00am - 10:30pm | Deck 3, Mid |
| The Fun Shops | 9:00am - 11:30pm | Deck 2, Mid |
| Library Opens | 10:00am - 11:00am | Deck 3, Fwd |
| Full Casino | 10:00am - Late | Deck 2 Mid |
| Shore Excursions | 12:00pm - 1:00pm | Deck 2, Mid |
| Formalities | 2:00pm - 6:00pm | Deck 3, Mid |
| Library Opens | 3:00pm - 4:00pm | Deck 3, Fwd |
| Art Gallery | 7:00pm - 10:00pm | Deck 3, Aft |

HELP US GREENIFY: Carnival Spirit is certified by ISO14001 for the Environmental Management System. Please help us to Save Energy, Conserve Water & Reduce/Recycle Waste for a Sustainable Environment. For all environmental concerns, please contact 1-305-406-5863 (international); 1-888-290-5105 (North America); or 4ENV(4368) from your ship phone. Environmental Compliance web site: www.carnivalcompliance.com.

"Carnival's goal is to be the industry leader in environmental excellence."

BEACH TOWELS

Please remember to return the Carnival Beach Towel or Bathrobe to your Stateroom Steward or your Sail & Sign® Card account will be billed. If you'd like to purchase one as a souvenir, your Stateroom Steward will be happy to deliver a new one. Just ask.

DECK CHAIRS

In consideration of your fellow guests, the reserving of deck chairs is not permitted. Towels and personal items left on chairs unattended for 30 minutes or more will be removed by the pool attendants and brought to the Towel Hut for safekeeping until you pick them up.

CELLULAR PHONE SERVICE

Stay connected out at sea using your cellular phone. International rates apply. Please remember that your cellular phone may show a different time then ships time. Please always stay on ships time.

PHONING HOME

Consult your stateroom directory for dialing instructions. Charges apply to all calls including 1-800 calling cards, credit cards and collect calls. \$6.99 per minute to USA, Canada, Puerto Rico and Caribbean Islands. \$9.99 per minute for international.

HELP US HELP YOU

The goal of all the Officers, Staff and Crew on board teh Carnival Spirit is to provide you with a memorable and fun-filled vacation. If for any reason we have not met your expectations, please contact a Guest Service Associate at extension 7777. We welcome your feedback and will work to resolve any issue immediately.

INTERNET ACCESS - 24 HOURS

We are wireless – connect to Carnival WiFi with your own laptop or use one of our computers in the Internet Café. You can purchase and use your minutes anytime, from anywhere. To Log Out type http://1.1.1.1 in the address bar. Please contact the Internet Café Manager during posted hours for additional information..

OPEN TIMES continued...

| | | |
|---------------|------------------|-------------|
| Shopping Desk | 7:00pm - 9:00pm | Deck 2, Fwd |
| Formalities | 7:00pm - 11:00pm | Deck 3, Mid |
| Internet Cafe | 24hrs | Deck 3, Fwd |

GROOVE FOR ST. JUDE

Do good. Feel good. And help some kids – also good, right? Grab your groove thang and sign up at Formalities for this special dance event. A \$10 donation to St. Jude gets you a T-shirt and wristband. The event will take place on the last sea day.

FUTURE CRUISE & TRAVEL TALK

Join Joel for an informative presentation on how to get the best price on your future cruise. Come to discover the newest ships, itineraries, prime stateroom locations and the new MasterCard with FunPoints®. Also find out how you can receive an Onboard Credit for your next cruise.

| | |
|-----------------------------|----------------------------|
| 4:00pm | Club Cool, 2 Fwd |
| 11:00am - 10:00pm Desk Open | Loyalty Cruise Desk, 2 Fwd |

Carnival®

Sunrise: 6:20am • Sunset: 5:41pm

WEDNESDAY, NOVEMBER 10, 2010

SEADAY 3

FUNTIMES

The CARNIVAL SPIRIT® Team

CAPTAIN: Captain Roberto Volpi CHIEF ENGINEER: Camillo Russo

HOTEL DIRECTOR: Stephen Chastney CRUISE DIRECTOR: Jen Baxter

Safety Message: Be careful of high heels when crossing thresholds..
Before you go to bed tonight please set your clocks ONE Hour Back

A FUN DAY & ELEGANT NIGHT AT SEA

IMPORTANT: How well do you really know your better half? Prove it! No question is off-limits, so leave the kids behind. Join Jen for this fun and spicy event. Must be 18 or older. 2:15pm Pharaoh's Palace, 2 Fwd

ALL IN A DAY'S PLAY

TODAY'S TOP TEN

1. THE MARRIAGE SHOW

How well do you really know your better half? Prove it! No question is off-limits, so leave the kids behind. Join Jen for this fun and spicy event. Must be 18 or older.

2:15pm *Pharaoh's Palace, 2 Fwd*

2. \$3000 BINGO

All for the one crazy low price. Great prizes and fun with our resident Fun Patrol. Cash Craze Pull Tabs also available

2:45pm (Could win up to \$3000) *Pharaoh's Palace, 2 Fwd*

3. GROOVE FOR ST. JUDE

Do good. Feel good. And help some kids – also good, right? Grab your groove thang and sign up at Formalities for this special dance event. A \$10 donation to St. Jude gets you a T-shirt and wristband. The event will take place on the last sea day.

4. TIME FOR A FINE WINE

Treat your palate right: learn about wine and how to best pair them with the right dish. Wine may get better with time, but wine tasting is fun anytime. Call 0770 and make your reservation today. Must be 21 or older.

12:30pm *Nouveau Steakhouse, 10 Mid*

5. JEN'S LIVE AFTERNOON TV SHOW

Tune in to channel 27 for Jen's LIVE TV show. lots of fun, plus you could win some great prizes.

4:00pm *Channel 27*

6. ABRACADABRA

Get ready to say "how'd you do that?" a lot. Come see the magician at the Fountain Cafe, Deck 2 fwd and be prepared to be amazed.

10:30pm *Fountain Cafe, 2 Fwd*

7. GOOD AS GOLD

There's no such thing as having too much gold. So pick up some gold-plated chain.

9:30am - Sale Starts *The Fun Shops, 3 Mid*

8. BODY COMPOSITION AND METABOLISM ANALYSIS +

Find out your body-fat percentage, metabolic rate and the best plan for getting in shape. Receive personalized tips on how to lose more fat, increase metabolism, reduce water retention and boost your energy. Visit the Fitness Center to learn more.

8:00am - 10:00pm *Spa Carnival, 9 Fwd*

9. SUPER DUPER TRIVIA # 3

Do you know a little of this and a little of that? Are you a super-duper trivia expert? If so, then we've got just the thang. We've got the questions. Do you have the answers?

1:00pm *Club Cool, 2 Fwd*

10. GRAND FINALE ART AUCTION!

\$500 bid credit raffle! Complimentary champagne! Complimentary art raffle! Art giveaway! One lucky guest will win \$500 at the beginning of today's auction! Bring this ad to today's auction for 5 complimentary tickets!

1:00pm Preview & Auction *Versailles Lounge 1 Fwd*

GET YOUR GROOVE ON

COOL ISLAND SOUNDS OF VITALITY

12:00pm - 1:00pm
2:00pm - 5:00pm *Lido Stage, 9 Mid*

COCKTAIL MUSIC WITH AL

3:30pm - 4:30pm *Artists Lobby, 2 Aft*
5:30pm - 9:00pm *Deco Lounge, 3 Aft*

KARAOKE PARTY

7:00pm - 9:00pm *Club Cool, 2 Mid*

LIVE MUSIC WITH PAUL

7:30pm - Late *Spirit Atrium, 2 Mid*

VARIETY MUSIC WITH DOUG

8:00pm - Late *Louis XIV Casino, 2 Mid*

SING-ALONG PARTY WITH JAFAR

9:00pm - Late *Shanghai Piano Bar, 3 Mid*

MUSIC FOR DANCING WITH HIGH RISE

9:30pm -Late *Club Cool, 2 Fwd*

70'S & 80'S MUSIC WITH DJ BERNARD

10:00pm - 12:00am *Dancin' Dance Club, 2 Aft*

DANCE SOUNDS WITH DJ BERNARD

12:00am - Late *Dancin' Dance Club, 2 Aft*

HIT THE JACKPOT

2010 CARNIVAL POKERPRO CHALLENGE

Are you our next Texas Hold'em Champion? Take the Challenge for your share of \$75,000 in Guaranteed Prize Money!

11:00am *Louis XIV Casino, 2 Mid*

BLACKJACK TOURNAMENT

Come and see if Lady Luck is on your side today at our Blackjack Tournament. You could walk away with your very own trophy. Must be 18 or older. +

12:00pm - 3:00pm *Louis XIV Casino, 2 Mid*

CARNIVAL YOUTH EXPERIENCE

Come by for fun activities, games, & more!



PARTY ON +

10:00pm - (ages 9–11) *Deck 5 Fwd*



NOW SHOWING

10:30pm (ages 12–14) *Circle C, 4 Fwd*



TOWEL FOLDING FUN

3:30pm (ages 15–17) *Club O2, 10 Fwd*

+ Fees apply

THE BIG EASY

Presented by your Cruise Director **Jen**

Starring: **David, Janae, Ling Ling & David**

& The Carnival Spirit Dancers

Music by **Jessy D'Mello & The Spirit Showband**

7:00pm & 9:00pm *Pharaoh's Palace, 2 & 3 Fwd*
Due to copyright law and safety of the performers, videotaping and photography are strictly prohibited.

GET IN ON THE ACT

PUNCHLINER COMEDY CLUB - We are now offering more comedy than ever before.

All shows will be in the Versailles Lounge, 1 Fwd. These shows fill up so get there early

PG Rated Double Bill (All Ages)

R Rated (18yrs +)

R Rated (18yrs +)

R Rated (18yrs +)

PLAN ON IT

“NOUVEAU” STEAKHOUSE”

How'd we create the ultimate steak experience? We combined a delicious steakhouse menu with our unique Carnival style. USDA prime beef seasoned and charbroiled to fit your exact specifications, mouthwatering seafood entrées, gourmet appetizers and an extensive wine list. For reservations, call 0770. There will be a fee of \$30 per person.

5:30pm - 9:30pm *Deck, 10 Mid*

FUN ON DVD

Take your favorite Carnival memories home with you on disc, just like a movie. We can't wait for the sequel. Find out more at the Photo Gallery.

MASTERCARD WITH FUN POINTS

Stop by to sign up for your very own Carnival MasterCard with FunPoints® and be approved instantly. Starting this cruise, all your onboard purchases will earn you double FunPoints redeemable towards cruise discounts, onboard gifts or onboard credits. You can even earn enough points for a \$50 credit towards your next credit card statement.

10:00am - 10:00pm (Desk Hours) *Deck, 2 Fwd*

CARNIVAL COMFORT COLLECTION

Take the comforts of a Carnival cruise home with you. Check out carnivalcomfortcollection.com to find pillows, mattresses, robes and more that can help make even non-vacation time a little more relaxing.

THE MARRIAGE SHOW

How well do you really know your better half? Prove it! No question is off-limits, so leave the kids behind.

Join Jen for this fun and spicy event

Must be 18 or older.

2:15pm *Pharaoh's Palace, 2 Fwd*

8:00pm - **Tommy Drake & Seth Buchwald**

10:00pm - **Seth Buchwald**

11:00pm - **Tommy Drake**

11:45pm - **Seth Buchwald**

SHOP TO IT

DIAMOND JEWELRY SALE

If diamonds really are a girl's best friend, get ready to socialize. Take an additional 15% OFF our regular Duty

2:00pm - Color Diamond Seminar & Drawing *Fun Shops*

9:00am - 11:30pm - Shops Open *Fun Shops, 3 Mid*

“SPIFFY SNAPSHOTS”

It's not often you dress up in your finest digs. Let us capture the moment - give us your best smile and say “cheese!”

4:30pm - 6:00pm & 7:15pm - 8:30pm *Deck 2 & 3*

9:00am - 10:30pm - Gallery Open *Deck 2 & 3*

FORMALITIES

Wine Packages, Tux Rental, Beer Coolers, Roses, Cakes, Candy & Champagne Packages

9:00am – 12:00pm *Formalities, 3 Mid*

2:00pm - 6:00pm *Formalities, 3 Mid*

7:00pm – 11:00pm *Formalities, 3 Mid*

IONITHERMIE WEIGHT LOSS

Would you like to detoxify your body? How about improving your circulation and skin tone? Or want to lose 1 to 8 inches? Find out more about this revolutionary treatment by contacting the spa today on 0700

8:00am - 10:00pm *Spa Carnival, 9 Fwd*

HAVE A GREAT TIME

WEDNESDAY, NOVEMBER 10, 2010

MORNING

7:00am Wake Up Stretch..... *Aerobics Studio, 10 Fwd*

8:00am Sudoku & Puzzles.....*Fountain Cafe, 2 Fwd*
Pathway To Yoga+*Aerobics Studio, 10 Fwd*

9:00am Adult Arts & Crafts *Fountain Cafe, 2 Fwd*

9:30am Good as Gold *Fun Shops, 3 Mid*

10:00am Sea Feud*Fountain Cafe, 2 Fwd*
Detox for Health & Weightloss...*Aerobics Studio, 10 Fwd*
Bridge Players Meet (Unsupervised)..*Card Room, 2 Fwd*

10:30am Ribbon Roses*Artist's Lobby, 2 Aft*
Ping Pong Tournament - Mixed..... *10 Fwd*
Know It and Show It.....*Fountain Cafe, 2 Fwd*

11:00am Texas Hold'Em Tournament..... *Louis XIV Casino, 2 Mid*
Friends of Bill W. Meet..... *Chapel, 3 Fwd*
Acupuncture for Facial Rejuvenation *10 Fwd*

11:30am TV Theme Trivia # 3.....*Lido Deck, 9 Fwd*

AFTERNOON

12:00pm Rock'n Roll Trivia.....*Fountain Cafe, 2 Fwd*
Blackjack Tournament + *Louis XIV Casino, 2 Mid*

12:30pm Famous Faces*Fountain Cafe, 2 Fwd*
Time for a Fine Wine + *Nouveau Steakhouse, 10 Mid*
Color me Beautiful*Aerobics Studio, 10 Fwd*

1:00pm Grand Finale Art Auction *Versailles Lounge, 1 Fwd*
The Chicken Olympics *Lido Stage, 9 Mid*
Super Duper Trivia # 3.....*Club Cool, 2 Fwd*
Interactive Skincare Seminar *Spa, 9 Fwd*
Bean Bag Toss..... *Spirit Atrium, 2 Mid*

1:30pm Synchronized Swimming..... *Lido Stage, 9 Mid*

2:00pm Beary Cuddly +*Fountain Cafe, 2 Fwd*
Color Diamond Seminar & Drawing *Fun Shops, 3 Mid*
Mini Golf Tournament.....*Sports, 11 Fwd*
Secret to a Flatter Stomach*Aerobics Studio, 10 Fwd*

2:15pm The Marriage Show..... *Pharaoh's Palace, 2 Fwd*

2:30pm Adult Arts & Crafts*Fountain Cafe, 2 Fwd*

2:45pm Could win up to \$3000 Bingo ..*Pharaoh's Palace, 2 Fwd*

3:00pm Blackjack Tournament Final *Louis XIV Casino, 2 Mid*

3:30pm Basketball Knockout *Sports Deck, 11 Fwd*
Tea Time.....*Artist's Lobby, 2 Aft*

4:00pm Jen's Live TV call in Show *Channel 27*
Trivia Rumble #3*Deco Lounge, 3 Aft*
Future Cruise & Travel Talk*Club Cool, 1 Fwd*
Adult Dodge Ball (over 18)..... *Sports Deck, 11 Fwd*
Group Cycling Class +*Aerobics Studio, 10 Fwd*

4:30pm Martini Time *Spirit Atrium, 2 Mid*
Trivial Pursuit #3*Deco Lounge, 3 Aft*

EVENING

5:00pm Know It and Show It.....*Deco Lounge, 3 Aft*
Pilates Class +*Aerobics Studio, 10 Fwd*

6:00pm Kid's Spa Ice Cream Pedicure Party + *Spa, 9 Fwd*

7:00pm Showtime (Late Seating) *Pharaoh's Palace, 2 Fwd*
Karaoke Party*Club Cool, 2 Mid*

7:30pm Live Music..... *Spirit Atrium, 2 Mid*
Friends of Dorothy/GLBT*Deco Lounge, 3 Aft*

7:45pm Name that Tune*Fountain Cafe, 2 Fwd*

8:00pm PG Rated Comedy..... *Versailles Lounge, 1 Fwd*

9:00pm Showtime (Early Seating)..... *Pharaoh's Palace, 2 Fwd*
Piano Sing Along Fun..... *Shanghai Piano Bar, 3 Fwd*

9:30pm Party Music.....*Club Cool, 2 Fwd*

10:00pm 70's & 80's Music.....*Dancin' Dance Club, 2 Aft*
R Rated Comedy *Versailles Lounge, 1 Fwd*

10:30pm Abracadabra.....*Fountain Cafe, 2 Fwd*

11:00pm R Rated Comedy *Versailles Lounge, 1 Fwd*

11:45pm R Rated Comedy *Versailles Lounge, 1 Fwd*

12:00am Dance Sounds (18 +)*Dancin' Dance Club, 2 Aft*

4 Hours Internet Cafe*Chippendale's Library, 3 Fwd*

+ Fees apply