ALL KINDS OF DELICIOUSNESS

BREAKFAST

DILLAKIAOI		
6:30am	Coffee & Danish	La Playa Grill, 9 Aft
7:00am - 10:30am	Breakfast on Deck	La Playa Grill, 9 Aft
8:00am - 12:00pm	Late Risers Breakfast	La Playa Grill, 9 Aft
8:00am - 10:00am	Open Seating	Empire, 2 Aft

LUNCH

11:00am - 6:00pm	Grill	La Playa Grill, 9 Aft
12:00pm - 2:30pm	Lido Lunch	La Playa Grill, 9 Aft
12:00pm - 1:30pm	Open Seating	Empire, 2 Aft
Taste of Nations	Caribbean	La Playa Grill, 9 Aft

DINNER

Assigned Dining Guests Empire, 2 & 3 Aft

Early Dining: 6:00pm Late Dining: 8:15pm

Your Time Dining™ Guests

Empire Dining Room

Guests assigned to Your Time Dining are invited to dine when and with whom they choose each evening.

Empire, 3 Aft

Sushi, 2 Fwd

La Playa Grill, 9 Aft

5:45pm - 9:30pm

Tonight's dining room attire is Cruise Casual

Please Note: Gym or basketball shorts, flip-flops, bathing suit attire, cut-off jeans, baseball hats and men's sleeveless shirts are not allowed in the dining rooms.

Maitre D' Wine Selection

Pino Grigio, Santa Margarita Pinot Noir, Mirassou

ALTERNATIVE DINING

We are pleased to offer alternative dining venues with varied selections

lce	Crean	1	Parlor
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3:00pm - 4:30pm	Fantail Bar, 9 Aft
Sushi Bar	

5:00pm - 8:15pm

La Playa Grill

6:00pm - 9:30pm

Deli, 9 Aft

11:00am - 11:00pm

Late Night Snacks 11:30pm - 1:00am La Playa Grill, 9 Aft

Open 24 Hours

Pizza Bar La Playa Grill, 9 Aft Coffee, Tea & Ice Cream La Playa Grill, 9 Aft Room Service

BEVERAGE SERVICE

You must be at least 21 years old to be served alcohol on board. Proper identification with birth date is required.

Today's Drink Special - "Goombay Smash"

Morning Special - "Bloody Mary's, Mimosas & Screw Drivers"

Todav's Martini - "Pomtini"

Carnival Signature Cocktail - "Ultimate Margarita"

Icy Inventions - "Mango Daiquiri"

Spirit Master Mixologist - Dave's - "Rum-De-Dum"

Classic cocktails 4:30pm - 8:30pm Casino, 2 Mid Don't forget to collect your \$5 Match play Coupon from the casino cashier with your purchase

Fountain Café

Latte, Cappuccino or Espresso. Treat yourself to a thick milkshake made-to-order or indulge with a fresh pastry. 7:00am - 12:00am Fountain Café, 2 Fwd

6:30am - 4:30pm Lido. 9 Mid

FOR YOUR INFORMATION

MEDICAL CENTER

Phone: 4444 **Medical Center Hours**

8:00am - 8:00pm Doctor's Hours:

8:00am - 11:00am & 3:00pm - 6:00pm

SMOKING AREAS

Smoking is permitted in the Casino, Casino Bar, Shanghai Piano Bar, Dancin' Dance Club, Champion's Sports Bar and the starboard (right) side of the open deck only. Cigar smoking is only permitted in the Champion's Sports Bar located on Deck 2, Fwd & Fantail Bar located on Deck 9, Aft Starboard side.

GUEST SERVICES

Feel free to visit us throughout your cruise for general questions information, or to report lost or found items. Open 24 hours a day, located on Deck 2, Mid.

FUNSHIP TRANSFERS

Flying out on debarkation morning? Catch a ride on our funship transfers! If your flight leaves no earlier than 11:30am from San Diego, we have a seat waiting just for you. Purchase your ticket at the Guest Services Desk.

LUGGAGE EXPRESS

You have fun; we'll take care of the rest. To make sure your bags get back home safely, we print your boarding pass and baggage tags on board and then check them through to your final destination. So when you get to the airport, all you have to do is walk through the gate. Some restrictions apply: see the Guest Services desk for more details; fees apply. Deadline for enrollment is 12:00p.m. on October 10.

ON AIR

ON AIN	
Channel 16 -	TV Channel Guide
Channel 17 -	Cruise Director Information channe
Channel 27 -	Cruise Director channe
Channel 33 -	The A Tean
Channel 34 -	Extraordinary Measures
Channel 35 -	Ice Age 3 - Dawn of tht Dinosaurs

BEACH TOWELS

Deck A Fwd

Emergencies: 911

Please remember to return the Carnival Beach Towel or Bathrobe to your Stateroom Steward or your Sail & Sign_® Card account will be billed. If you'd like to purchase one as a souvenir, your Stateroom Steward will be happy to deliver a new one. Just ask.

DECK CHAIRS

In consideration of your fellow guests, the reserving of deck chairs is not permitted. Towels and personal items left on chairs unattended for 30 minutes or more will be removed by the pool attendants and brought to the Towel Hut for safekeeping until you pick them up.

CELLULAR PHONE SERVICE

Stay connected out at sea using your cellular phone. International rates apply. Please remember that your cellular phone may show a different time than ships time. Please always stay on ships time.

PHONING HOME

Consult your stateroom directory for dialing instructions. Charges apply to all calls including 1-800 calling cards, credit cards and collect calls, \$6.99 per minute to USA, Canada, Puerto Rico and Caribbean Islands. \$9.99 per minute for international.

INTERNET ACCESS - 24 HOURS

We are wireless - connect to Carnival WiFi with your own laptop or use one of our computers in the Internet Café. You can purchase and use your minutes anytime, from anywhere. To Log Out type http://1.1.1.1 in the address bar. Please contact the Internet Café Manager during posted hours for additional information.

Stay in touch with the fun. Follow us on Facebook.com/carnival

OPEN TIMES

6:00am - 10:00pm	Deck 9, Fwd
8:00am - 8:00pm	Deck 9, Mid
8:00am - 10:00pm	9, Mid/Fwd
8:00am - 12:00am	Deck 9, Aft
8:00am - 8:00pm	Deck 9, Fwd
8:00am - 10:00pm	Deck 9, Mid
8:00am - 8:00pm	Deck 9, Aft
8:00am - 10:00pm	Deck 9, Fwd
8:00am- Late	Deck 2 Mid
9:00am - 12:00pm	Deck 3, Mid
9:00am - 10:30pm	Deck 3, Mid
9:00am - 11:30pm	Deck 3, Mid
10:00am - 5:00pm	Deck 10, Aft
10:00am - Late	Deck 2 Mid
10:00am - 5:00pm	Deck 2, Mid
11:00am - 10:00pm	Deck 2 Mid
	8:00am - 8:00pm 8:00am - 10:00pm 8:00am - 12:00am 8:00am - 8:00pm 8:00am - 10:00pm 8:00am - 8:00pm 8:00am - 10:00pm 8:00am - 10:00pm 9:00am - 12:00pm 9:00am - 10:30pm 9:00am - 11:30pm 10:00am - 5:00pm 10:00am - Late

OPEN TIMES continued...

Formalities	2:00pm - 6:00pm	Deck 3, Mid
Art Gallery	6:00pm - 9:00pm	Deck 3, Aft
Shopping Desk	7:00pm - 9:00pm	Deck 2, Fwd
Formalities	7:00pm - 11:00pm	Deck 3, Mid
Internet Cafe	Open 24hrs	Deck 3, Fwd

GROOVE FOR ST. JUDE

Do good. Feel good. And help some kids - also good, right? Grab your groove thang and sign up at Formalities for this special dance event. A \$10 donation to St. Jude gets you a T-shirt and wristband. The event will take place on the last sea day.

FUTURE CARNIVAL VACATIONS®

Receive up to \$200 in onboard credit for you and 2 vouchers for your family and friends when you book your next cruise onboard. Not ready to book your next cruise but still want the onboard credit offer? Stop by and sign up for Future Cruise Certificate today.

11:00am - 11:00pm (Desk Hours)

Deck. 2 Fwd

HELP US GREENIFY: Carnival Spirit is certified by ISO14001 for the Environmental Management System, Please help us to Save Energy, Conserve Water & Reduce/Recycle Waste for a Sustainable Environment. For all environmental concerns, please contact 1-305-406-5863 (international); 1-888-290-5105 (North America); or 4ENV(4368) from your ship phone. Environmental Compliance web site: www.carnivalcompliance.com. "Carnival's goal is to be the industry leader in environmental excellence."



Sunrise: 6:30am

Sunset: 5:25pm

SATURDAY, NOVEMBER 6, 2010

SEADAY 2



The CARNIVAL SPIRIT. Team

CAPTAIN: Captain Roberto Volpi CHIEF ENGINEER: Camillo Russo HOTEL DIRECTOR: Stephen Chastney CRUISE DIRECTOR: Jen Baxter Safety Message: Please, no running or playing on the stairs or safety railings.

A RELAXING DAY AT SEA

IMPORTANT: Don't forget to tune into channel 27 at 10:00am for JEN'S Live TV call in Trivia show.

TODAY'S TOP TEN

1. WIPEOUT BINGO

Play bingo and you could win an entire Sail & Sign® balance (up to \$700). So put on your lucky socks and get ready

2:45pm (5 Game) 8:30pm (Wipeout Bingo)

Pharaoh's Palace, 2 Fwd Pharaoh's Palace, 2 Fwd

2. SOUVENIR T-SHIRTS

Part of being a fan is wearing the gear. So pick up some Souvenir T-shirts for yourself and let your fun flag fly. Buy 2 for one low price.

12:30pm The Fun Shops, 3 Mid

3. HAIRY CHEST CONTEST

In this contest, the hairier the better! Guys, come and strut your stuff. Must be 18 or older.

1:00pm Lido Stage, 9 Mid

4. JEN'S LIVE MORNING TV SHOW

Tune in to channel 27 for Jen's LIVE TV show, lots of fun. plus you could win some great prizes.

10:00am Channel 27

5. HORSERACING CHALLENGE +

That's right our very own Dream Derby. Place your bets and watch these fillies fly. Bring some Dollar bills with you

11:00am Club Cool, 2 Fwd

6. JEWELRY SEMINAR

Become a diamond and gem guru. You'll learn the basics of buying jewelry and be able to spot the best deals around 3:00pm Club Cool, 2 Fwd

7.CELLULITE REDUCTION AND INCH LOSS

Discover a whole new you with lonithermie, a revolutionary treatment that can remove up to 8 inches off your hips, thigh and abdomen. Contact the spa at 0700 to sign up.

8:00am - 10:00pm Spa Camival, 9 Fwd

8. BLACKJACK TOURNAMENT

Come and see if Lady Luck is on your side today at our Blackjack Tournament. You could walk away with your very own trophy. + Must be 18 or older.

12:00pm - 3:00pm Louis XIV Casino, 2 Mid

9, 70'S AND 80'S PARTY

Come reminisce and listen to some beats that just never get old. As you groove to our '70s and '80s music collection you'll be reminded of the rocking rock songs that well, rocked. 10:00pm Lido Deck, 9 Aft

10. LIVE LIGHTNING ART AUCTION

If you missed Friday's incredible event, make sure to get a front row seat today. The Live Lightning Art Auction offers great art at great prices, not to mention, complimentary

1:00pm - Preview & Auction Versailles Lounge, 1 Fwd 11:00am Art Colecting Seminar Versailles Lounge, 1 Fwd

GET YOUR GROOVE ON

CALYPSO MUSIC WITH VITALITY

12:00pm - 1:00pm & 2:00pm - 5:00pm Lido Deck. 9 Aft

COCKTAIL PIANO MUSIC WITH ALBERT

3:30pm - 4:30pm Artists Lobby, 2 Aft 5:30pm - 9:00pm Deco Lounge, 3 Aft

KARAOKE PARTY WITH JOY

4:00pm - 6:00pm & 7:00pm - 8:45pm Club Cool, 2 Fwd

LIVE MUSIC WITH THE SHOWBAND

7:30pm - 8:30pm Artists Lobby, 2 Aft

GREAT GUITAR MUSIC WITH PAUL

7:30pm - Late Spirit Atrium, 2 Mid

Louis XIV Casino, 2 Mid

VARIETY MUSIC WITH DOUG

8:00pm - Late

PARTY MUSIC WITH HIGH RISE

9:00pm - Late Club Cool, 2 Fwd

SING ALONG PARTY WITH JAFAR

9:00pm - Late Shanghai Piano Bar, 3 Fwd

DANCE SOUNDS WITH DJ BERNARD

11:15pm - Late (18yrs) Dancin' Dance Club, 2 Aft

HIT THE JACKPOT

BLACKJACK TOURNAMENT

Come and see if Lady Luck is on your side today at our Blackjack Tournament. You could walk away with your very own trophy. + Must be 18 or older.

12:00pm - 3:00pm Louis XIV Casino, 2 Mid

TAKE A CRUISE, WIN A CAR

Play our two-cent BMW slot machines and you could be driving off in a brand-new car. Seriously. +

8:00am - Late Louis XIV Casino, 2 Mid

CARNIVAL YOUTH EXPERIENCE

Come by for fun activities, games, & more!



BEARY CUDDLY +

2:00pm (fees apply)

Fountain Cafe, 2 Fwd



SPORTS NIGHT PARTY

10:00pm (ages 15-17)

Club O2, 10 Fwd

+ Fees apply



COMEDY & HYPNOTISM

Presented by your Cruise Director Jen

Starring:

JAC RENE

7:00pm & 9:00pm

Pharaoh's Palace, 2 & 3 Fwd

Due to copyright law and safety of the performers, videotaping and photography are strictly prohibited.

CARNIVAL LEGENDS

On Saturday night we will proudly present the Carnival Legends Show. This is your chance to start in a full Vegas style show. Tonight we will be auditioning for the parts of Garth Brooks, Elton John, Britney Spears,

Madonna & James Brown The audience will judge who they want in the show.

7:00pm - 8:45pm

Club Cool, 2 Fwd

You must be 18 or older to audition

GET IN ON THE ACT

PUNCHLINER COMEDY CLUB - We are now offering more comedy than ever before. All shows will be in the Versailles Lounge, 1 Fwd. These shows fill up so get there early

PG Rated - (Double Bill (All Ages)

R Rated (18trs +) R Rated (18trs +)

R Rated (18trs +)

8:00pm - Stanley Ullman & Paul Lyons

9:45pm - Paul Lyons 10:45pm - Stanley Ullman

11:45pm - Paul Lyons

PLAN ON IT

SEE THE SIGHTS

We work with professional independent Tour Operators dedicated to showing you the most popular sites around. Book your tours at the Shore Excursion or Guest Services Desk, but get 'em while they're hot.

10:00am - 5:00pm Spirit Atrium, 2 Mid

"NOUVEAU" STEAKHOUSE

How'd we create the ultimate steak experience? We combined a delicious steakhouse menu with our unique Carnival style. USDA prime beef seasoned and charbroiled to fit your exact specifications, mouthwatering seafood entrées, gourmet appetizers and an extensive wine list. For reservations, call 0770. There will be a fee of \$30 per person.

5:30pm - 9:30pm Nouveau Steakhouse 10, Mid

LA THERAPIE HYDRALIFT FACIAL

This anti-aging, deep-cleansing facial is customized to suit your individual needs, and the results will make your skin glow. Book today and we'll include a complimentary collagen eye treatment. Call 0700 for appointments

8:00am - 10:00pm Spa Carnival, 9 Fwd

LIVE LIGHTNING ART AUCTION

If you missed Friday's incredible event, make sure to get a front row seat today. The Live Lightning Art Auction offers great art at great prices, not to mention, complimentary champagne.

1:00pm Preview & Auction

Versailles Lounge, 1 Fwd 11:00am Art Collecting Seminar Versailles Lounge, 1 Fwd

SHOP TO IT

THE PHOTO GALLERY OPENS

Our Photo Gallery is the surefire way to capture every fun-filled family moment. We have it all - frames, albums, underwater cameras, digital cameras, media cards and more.

9:00am - 10:30pm Photo Gallery, 3 Mid

WATCH SALE

Roll up your sleeves and show off your wrist. Our Watch Sale offers designer watches at up to 40% OFF U.S. retail prices. There's never been a better time.

9:00am - 11:30pm Stores Open Fun Shops, 3 Mid 2:00pm - Watch Seminar & Drawing Fun Shops, 3 Mid

FORMALITIES

Wine Packages, Tux Rental, Beer Coolers, Roses, Cakes, Candy & Champagne Packages

9:00am - 12:00pm & 2:00pm - 6:00pm Formalities, 3 Mid Formalities, 3 Mid 7:00pm - 11:00pm

JEWELRY SEMINAR

Become a diamond and gem guru. You'll learn the basics of buying jewelry and be able to spot the best deals around.

3:00pm (Seminar) Club Cool, 2 Fwd 7:00pm - 9:00pm (Desk Hours) Deck, 2 Fwd

HAVE A GREAT TIME

SATURDAY, NOVEMBER 6, 2010

	MORNING	G
	7:00am	Wake Up StretchAerobics Studio, 10 Fwd
HERE	8:00am 9:00am	Pathway To Yoga +
EAR	9:00am	Adult Arts & Crafts Fountain Cafe, 2 Fwd
F	10:00am	Jen's Live TV call in Show
	10:30am	Be The Know It All
	11:00am	Horseracing +
	11:15am	Learn all the Wonders of Acupuncture 10 Fwd
	11:30am	TV Theme Trivia #2Lido Deck, 9 Fwd
	AFTERNO 12:00pm	\$500 Blackjack Tournament Louis XIV Casino, 2 Mid Get Scrappy
	12:15pm	How to achieve a whitier smile seminar Aerobics Studio, 10 Fwd
	12:30pm	Ultimate Mind GameFountain Cafe, 2 Fwd
	1:00pm	Hairy Chest Contest
	1:30pm	Ping Pong Tournament - Mens
	2:00pm	Watch Seminar & Drawing
	2:15pm	Austin Powers Dance Class Pharaoh's Palace, 2 Fwd
	2:30pm	Digital Scavenger Hunt
	2:45pm	5 Game Bingo +Pharaoh's Palace, 2 Fwd
	3:00pm	Gemstone Seminar

5:00pm .. Fountain Cafe, 2 Fwd Pilates Class + Aerobics Studio, 10 Fwd 7:00pm Showtime (Late Seating) Pharaoh's Palace, 2 Fwd Karaoke Fun Club Cool. 2 Fwo Carnival Legends Club Cool. 2 Ewo 7:30pm Friends of Dorothy (GLBT)......Deco Lounge, 3 Aft 8:00pm PG Rated Comedy Double Bill . Versailles Lounge, 1 Fwd

Friends of Bill W. Meet/Jimmy K

Basketball Knockout

60's Decade Trivia ...

Karaoke Fun

Trivial Pursuit #2.....

Sports Trivia...

Internet Cafe.

Tea Time.

... Sports Deck, 11 Fwd

.Fountain Cafe, 2 Fwo

Fountain Cafe 2 Fwo

Group Cycling Class +Aerobics Studio, 10 Fwd

.. Artist's Lobby, 2 Aft

...Club Cool, 2 Fwd

.... Chapel, 3 Fwo

3:30pm

4:00pm

4:30nm

EVENING

24 Hours

8:30pm Wipeout Bingo +Pharaoh's Palace, 2 Rwd Showtime (Early Seating).......... Pharaoh's Palace, 2 Fwd 9:00pm Piano Sing Along Fun.....Shanghai Piano Bar, 3 Fwd

R Rated Comedy Versailles Lounge, 1 Fwd 9:45pm 10:00pm 70's and 80's Party Lido Deck, 9 Aft ±10:30pm Abracadabra.....Fountain Cafe, 2 Fwd

₫10:45pm Versailles Lounge, 1 Fwd R Rated Comedy 11:15pm Dance Sounds (18 +)Dancin' Dance Club, 2 Aft 11:45pm R Rated Comedy Versailles Lounge, 1 Fwd

..... Chippendale's Library, 3 Fwd

+ Fees apply