

ALL KINDS OF DELICIOUSNESS

BREAKFAST

6:00am	Continental	Cezanne, 9 Aft
7:00am – 9:00am	Open Seating	Renoir, 3 Fwd
7:00am – 10:30am	Breakfast Buffet	Cezanne, 9 Aft
7:00am – 10:30am	Blue Iguana Cantina	Lido, 9 Mid
10:30am – 12:00pm	Late Risers	Cezanne, 9 Aft

LUNCH

11:00am – 11:00pm	The Carnival Deli	Cezanne, 9 Aft
12:00pm – 3:30pm	Lido Buffet	Cezanne, 9 Aft
12:00pm – 3:30pm	Comfort Food	Cezanne, 9 Aft
12:00pm – 3:30pm	Fish & Chips	Fish & Chips, 10 Aft
12:00pm – 2:30pm	Blue Iguana Cantina	Lido, 9 Mid
12:00pm – 6:00pm	Guy's Burger Joint	Lido, 9 Mid

DINNER

5:30pm – 9:30pm	"The Point" Steakhouse +	Deck 10, Mid
6:00pm – 9:30pm	Good Eats	Cezanne, 9 Aft
5:45pm – 9:30pm	Your Time Dining™	Renoir, 3 Fwd

Early Assigned Dining

6:00pm	Monet, 3 & 4 Aft / Renoir, 4 Fwd
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Late Assigned Dining

8:15pm	Monet, 3 & 4 Aft / Renoir, 4 Fwd
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RESTAURANT DRESS CODE

Tonight's restaurants attire is **Cruise Casual**. Please Note: Gym or basketball shorts, flip-flops, baseball hats bathing suit attire, cut-off jeans and men's sleeveless shirts are not allowed in the restaurants.

HUNGRY FOR MORE?

11:00am – 11:00pm	The Carnival Deli	Cezanne, 9 Aft
11:30pm – 1:00am	Late Night Snacks	Cezanne, 9 Aft
Open 24 Hours	Ice Cream & Yogurt	Swirls, 9 Aft
Open 24 Hours	Pizza Pirate	Sky Bar, 9 Aft
Open 24 Hours	Room Service	Dial 8000

PIZZA PIRATE

Ahoy there Matey! Careful, these pizzas are made fresh for you and hot, hot, hot...

Open 24 Hours	Sky Bar, 9 Aft
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BEVERAGE SERVICE

You must be at least 21 years old to be served alcohol on board. Proper identification with birth date is required.

TODAY'S DRINK SPECIAL

Get a \$1 off on the purchase of our famous "BEACHCOMBER"
Lido Bars, 9 Fwd

TODAY'S FROZEN SPECIAL

"MOCHA CHOCOLATE GETAWAY"
Ask for it oversized in our yards while drinking it in the lido deck.

BE YOUR OWN MIXOLOGIST

Write your own prescription pad for a perfect martini for \$1 off.
Alchemy Bar, 5 Aft

Red's Rum vs. Blue's Tequila Challenge Drink of the Week:
RICKY "TEAM DIZZY"

MONKEY HEAD SOUVENIR GLASS

Tonight at the Red Frog's Caribbean Beach Party ask you bar staff for the BEACHCOMBER in the monkey head.
RedFrog's Rum Bar & Bluelguana's Tequila Bar, 9 Fwd

CAFÉ FANS

Latte, Cappuccino or Espresso? Treat yourself to a thick milk-shake, made-to-order or indulge with a fresh pastry.
7:00am - 10:00am & 3:00pm - 12:00am Fans Café, 5 Mid
Or visit the Lido Café 6:30am - 4:00pm Fans Café, 9 Aft

United States Department of Public Health has determined that eating uncooked or partially cooked poultry, meat, eggs or seafood may present a health risk to the consumer, particularly those who may be more vulnerable.

FOR YOUR INFORMATION

MEDICAL CENTER

Deck, 0 Fwd
Phone: 4444
Medical Center Hours
8:00am – 12:00pm & 1:00pm - 8:00pm
Doctor's Hours:
8:00am – 11:00am & 3:00pm - 6:00pm

SMOKING AREAS

Smoking is prohibited in all guest staterooms. Guests in balcony cabins are permitted to smoke on the stateroom balcony. Smoking is permitted in the Casino while playing at designated slot machines and table games, one section of the Casino Bar, in Vincent's Lounge, Henri's Nightclub, and deck 10 midship starboard (right) side only. cigar/pipe smoking is only permitted in the Vincent's Lounge and Deck 10 Starboard Side and stateroom balconies.

SAFETY ASHORE

Renting a moped or scooter ashore can be dangerous. If you do rent a vehicle, it is important to know local traffic laws and the potential consequences of being involved in a traffic accident. You should familiarize yourself with these laws before renting a vehicle.

CARNIVAL'S SEASIDE THEATER®

Good Morning America	6:00am
TV Sitcom: MASH	10:00am
TV Sitcom: MASH	10:30am
TV Sitcom: I Love Lucy	11:00am
TV Sitcom: I Love Lucy	11:30am
Music Concert: Kenny Chesney	12:00pm
Live Afternoon Show with Gary	4:30pm
Movie: National Treasure	6:00pm
RedFrog's Caribbean Beach Party	9:00pm

ON AIR

Cruise Director Information	Channel 17
Fun Ship Films	Channel 19
The Odd Life Of Timothy	Channel 33

EA SPORTS BAR PROGRAMMING

2013 US Open	11:00am
Tiger Woods PGA Video Game Challenge(18+)	2:00pm
EA Sports Trivia Challenge	5:00pm
Tigers v Red Sox	6:00pm
Angels v Rays	9:00pm
EA Sports Bar	EA Sports Bar, 5 Fwd

OPEN TIMES

Shore Excursions	7:30am - 9:00am	Deck 3, Fwd
Fwd Pool	8:00am - 8:00pm	Deck 10, Fwd
Fwd Whirlpool	8:00am - 8:00pm	Deck 10, Fwd
Main Pool/Whirlpool	8:00am - 10:00pm	Deck 9, Mid
Spa Carnival®	8:00am - 10:00pm	Deck 11, Fwd
Aft Pool (Adults Only)	8:00am - 12:00am	Deck 9, Aft
Aft Whirlpool (Adults Only)	8:00am - 12:00am	Deck 9, Aft
Twister Waterslide™	10:00am - 5:00pm	Deck 12, Fwd
Cherry on Top™	4:30pm - 10:30pm	Deck 5, Fwd
Shore Excursions	5:00pm - 7:00pm	Deck, 3 Fwd
Pixel's Gallery	5:00pm - 11:00pm	Deck 4, Fwd
The Fun Shops	5:30pm - 11:30pm	Deck 5, Fwd
Casino Tables	5:30pm until late	Deck 5, Mid
Casino Slots	5:30pm 4:00am	Deck 5, Mid
Loyalty Cruise Desk	6:00pm - 8:30pm	Deck 5, Mid
Art Gallery	6:00pm - 10:00pm	Deck 3, Fwd
Fun Shopping Desk	7:00pm - 8:30pm	Deck 5, Fwd
Internet Cafe	Open 24 Hours	Deck 4, Mid
Blackjack Pro	5:30pm - 4:00am	Deck 5, Mid
Poker Pro	5:30pm - 4:00am	Deck 5, Mid
Arcade	Open 24 Hours	Deck 5, Mid

HELP US GREENIFY: M/S Carnival Conquest® is certified by ISO14001 for the Environmental Management System. Please help us to Save Energy, Conserve Water & Reduce/Recycle Waste for a Sustainable Environment. For all environmental concerns, please contact 1-305-406-5863 (international); 1-888-290-5105 (North America); or 4ENV(4368) from your ship phone. Environmental Compliance web site: www.carnival.com/compliance. "Carnival's goal is to be the industry leader in environmental excellence." All garbage must be disposed of in the appropriate bins provided onboard. Violations of this requirement may result in penalties.

TOWEL HUT

Blue Beach Towels, Basketballs and Volleyballs are available from the Towel Hut located on Deck 9, Mid from 9:00am - 8:00pm. Your Sail & Sign Card® number will be taken as a deposit.

BEACH TOWELS

Please remember to return the Carnival Beach Towel or Bathrobe to your Stateroom Steward or your Sail & Sign® card account will be billed. If you'd like to purchase one as a souvenir, your Stateroom Steward will be happy to deliver a new one. Just ask.

CELLULAR PHONE SERVICE

Stay connected out at sea using your cellular phone. International rates apply. Please remember that your cellular phone may show a different time than ship's time. Please always stay on ship's time.

PHONING HOME AT A LOW RATE

Just \$ 1.99 per minute (Domestic and International calls) when using your stateroom phone! Consult your stateroom directory for dialing instructions. Charges apply to all calls including 1-800 calling cards, credit cards and collect calls.

INTERNET ACCESS – 24 HOURS

We are wireless – connect to Carnival WiFi with your own laptop or use one of our computers in the Internet Café. You can purchase and use your minutes anytime, from anywhere. To Log Out type logout.com in the address bar.

GUEST SERVICES

Feel Free to visit us throughout your cruise for general information, questions, change or to report lost & found items. Open 24 hours a day located Deck 3 fwd.

HELP US HELP YOU

The goal of all the Officers, Staff and Crew on board the Carnival Conquest® is to provide you with a memorable and fun-filled vacation. If for any reason we have not met your expectations, please contact a Guest Services Associate at extension 7777. We welcome your feedback and will work to resolve any issue immediately.

CARNIVAL MASTER CARD WITH FUNPOINTS®

Can you say "cha-ching"? Sign up for your Carnival MasterCard® with FunPoints® today and get 5,000 FunPoints and three free gifts for applying. And, all onboard purchases on this cruise will earn you double FunPoints that you're eligible to redeem for cruise discounts, onboard gifts or onboard credits. Better hotfoot it to your Loyalty & Cruise Expert right now.

SAIL & SIGN KIOSK®

You may also manage your Sail & Sign Account by using our Sail & Sign Kiosks Located on Deck 3 Fwd by the Guest Services Desk or on Deck 5 Fwd Outside the Fun Shops.

Carnival

Sunrise: 5:58am • Sunset: 6:31pm

WEDNESDAY, SEPTEMBER 4, 2013

FREPORT, BAHAMAS

FUNTIMES

The CARNIVAL CONQUEST® Team

CAPTAIN: Antonino Sammartano **CHIEF ENGINEER:** Alessandro Mattera

HOTEL DIRECTOR: Dave Drier **CRUISE DIRECTOR:** Gary Brierley

Safety Message: Renting mopeds or scooters ashore can be dangerous.

Please make sure that you have your Sail & Sign Card® & Photo ID with you at all time. The Gangway is located on Deck 0, Fwd. In case of emergency ashore contact: Inchcape Shipping Cell # 242 727 4533

WELCOME TO FREPORT, BAHAMAS

IMPORTANT: Arrival: 8:00am Back on Board: 4:30pm Carnival Conquest® Sets Sail at 5:00pm

Please remember that when visiting any destination on vacation, it is important to stay in main tourist areas, not carry large amounts of cash or jewelry, and generally be aware of your surroundings

ALL IN A DAY'S PLAY

HAVE A GREAT TIME:

WEDNESDAY, SEPTEMBER 4, 2013

MORNING

7:00am	Stretch.....	Spa Carnival®, 11 Fwd
7:30am	Abs Class	Spa Carnival®, 11 Fwd
8:00am	Approximate Arrival in Freeport Free Acupuncture Consultations	Spa Carnival®, 11 Fwd Card PlayersLibrary, 4 Fwd
9:00am	Puzzles	Cafe Fans, 5 Mid Friends Of Bill W./Jimmy K.....Library, 4 Fwd
11:00am	Giant Tumble.....	Lobby, 3 Fwd

AFTERNOON

1:00pm	Golf Putting Challenge	Mini Golf Course Deck, 12 Mid	
2:00pm	Freethrow Contest	Sport's Court	
3:00pm	Skin Correction Clinic.....	Spa Carnival®, 11 Fwd	
3:15pm	Super Duper Trivia.....	Lobby, 3 Fwd	
4:00pm	Bean Bag Toss.....	Lido, 9 Mid Nassau Highlights Show	Degas, 5 Aft
4:15pm	Cellulite Solutions.....	Spa Carnival®, 11 Fwd	
4:30pm	All Guests Back On Board Afternoon Show With Gary....	Channel 27/Seaside Theater	

EVENING

5:00pm	Carnival Conquest® Sets Sail Showcase of the Stars - Signups	Lobby, 3 Fwd EA Sports Trivia Challenge	EA Sports Bar, 5 Fwd Total Body Conditioning	Spa Carnival®, 11 Fwd	
5:30pm	Texas Hold Em Players Meet	Casino, 5 Fwd Modern Masters Sale	Pissarro Room, 3 Fwd Inch Of Gold Sale & Raffle+	Fun Shops, 5 Fwd Souvenir T Shirts+	Fun Shops, 5 Fwd
6:00pm	Guess The Price Of The Painting....	Pissarro Room, 3 Fwd			
6:30pm	Caribbean Party Dance Class	Casino, 5 Mid			
7:30pm	Hasbro, The Game Show Ep. 2 ...	Toulouse Lautrec, 3 Fwd			
7:45pm	Invicta Watch Sale.....	Fun Shops, 5 Fwd			
8:00pm	Karaoke Awesome.....	Degas, 5 Aft			
8:30pm	Balloon Bingo +	Toulouse Lautrec, 3 Fwd Fun with your Fun Patrol	Casino Bar, 5 Mid		
8:45pm	Texas Hold'em Players meet	Casino, 5 Mid			
9:00pm	Caribbean Party Music.....	Lido, 9 Mid Effy Jewelry Sale +	Fun Shops, 5 Fwd		
9:45pm	Fun & Prize Give Away	Lido, 9 Mid			
10:00pm	Redfrog's Caribbean Beach Party	Lido, 9 Mid Night Owls +	Camp Carnival, 12 Fwd Surprise Gift Basket Raffle.....	Fun Shops, 5 Fwd	
10:30pm	Close Up Magic With Mate	The Gallery, 4 Mid			
11:30pm	GLBT Gathering.	Alchemy Bar, 5 Aft Texas Hold'em Players meet	Casino, 5 Mid		
12:00am	Hold Em & Blackjack Open until late +	Casino, 5 Fwd			

+ Fees apply

Important: Please keep your watches always on ships time

LOOKING AHEAD

Here are some things happening later this cruise that you will not want to miss.

GROOVE FOR ST. JUDE

Do good. Feel good. And help some kids – also good, right? Grab your groove thang and sign up at the Cherry On Top on Promenade, 5 Fwd for this special dance event. A \$10 donation to St. Jude gets you a T-shirt and wristband.

***EMERGENCY CONTACT INFORMATION**

Inchcape Shipping Cell # 242 727 4533

TODAY'S TOP TEN
TODAY'S TOP TEN

1. SEE THE SIGHTS

We work with professional independent Tour Operators dedicated to showing you the most popular sites around. Book your tours at the Shore Excursion or Guest Services Desk, but get 'em while they're hot.

7:30am - 9:00am Lobby, 3 Fwd
5:00pm - 7:00pm Lobby, 3 Fwd

2. GOLD DAY

There's no such thing as having too much gold. So pick up an inch of a gold-18 Karat layered & bonded chain starting at one low price per inch.

5:30pm The Fun Shops, 5 Fwd

3. DIGITAL CAMERAS

Click to your heart's content and capture all your vacation memories! Visit Pixels Gallery to check out our awesome selection of digital cameras.

5:00pm - 11:00pm Pixel's Gallery, 4 Fwd

4. SHOWCASE OF THE STARS - SIGNUPS

If you've got talent, we've got the stage. Head over to the Showcase of Stars rehearsal to sign up and show the entire ship that you've got some real skills. (Must be over 18 to perform. 5 acts maximum so get there early!)

4:30pm Meet in the Lobby, 3 Fwd

5. BALLOON BINGO +

The game doesn't end when you yell "Bingo!" You still have to choose which balloon you want as your prize. Pop the balloon and you'll find anything from \$100 to \$700. It's a bingo bonanza! +

8:30pm Toulouse Lautrec, 3 Fwd

6. GET THE LIFT YOU'VE BEEN LOOKING FOR

Enhance your appearance with Restylane, the world's #1 dermal filler. Instantly add volume to your smile lines or even add volume to lips. Call 1199 for your free consultation with Dr. Irena. Return home looking visibly younger.

8:00pm - 10:00pm Spa Carnival, 11 Fwd

7. MINI GOLF. BIG FUN.

Goofy pants, crazy hats and a whole lotta puttin'. Come on over to the Mini Golf course, where you can putt, putt and putt some more.

9:00am - 5:00pm Deck, 12 Mid

8. CARIBBEAN PARTY DANCE CLASS

Your Entertainment Staff will teach you some Caribbean Dance Party moves that you can show off at the Caribbean beach party this evening!

6:30pm Casino Bar, 5 Mid

9. EA SPORTS TRIVIA

If your mom ever said playing video games would never pay off, here's your chance to prove her wrong. Answer the most EA SPORTS-related trivia questions and you could be crowned the Champion of your Cruise. Now there's some nerdy bragging rights.

5:00pm EA Sports Bar, 5 Fwd

10. NASSAU HIGHLIGHTS SHOW

The cruise is not over yet! There is still great shopping and exploring to be experienced. Attend the Nassau Highlights Show to learn more about our final port of call and where the best shopping and attractions are. Every person that attends will receive a free gift!

4:00pm Degas, 5 Aft

GET YOUR GROOVE ON

DECK SOUNDS WITH YOUR DJ'S

5:00pm - 6:00pm Lido Main Pool, 9 Mid

LIVE TUNES WITH TRAVIS

8:30pm - 12:00am Vincent's, 5 Aft

DANCE MUSIC WITH O&O DUO

6:00pm - 9:00pm Lobby, 3 Fwd
10:00pm - 12:00am Lobby, 3 Fwd

GUITAR TUNES WITH ASHBY

5:00pm – 6:00pm & 7:15pm - 8:15pm Casino Bar, 5 Mid
9:00pm – 12:00am Casino Bar, 5 Mid

KARAOKE AWESOME

8:00pm - Late Degas, 5 Aft

HITS & MIXES WITH DJS VINNIE P & KOZ

10:00pm Country Hour Henri's Nightclub, 5 Mid
11:00pm - Late Henri's Nightclub, 5 Mid

HIT THE JACKPOT

Tahiti Casino Opens at 5:30pm

BLACKJACK PRO HAS ARRIVED

We now offer state-of-the-art Blackjack Pro tables for your gaming pleasure. Join us at these exciting tables for non-stop action all through the night!

TAKE A CRUISE, WIN A CAR

Play our two-cent BMW slot machines and you could be driving off in a brand-new car. Seriously. +
Tahiti Casino, 5 Fwd

NO COINS? NO PROBLEM.

Keep your change for the vending machine. See our friendly casino hosts and they'll set you up to play coinless slots. Use your Sail & Sign® card for up to \$3,000 casino play per day.
Tahiti Casino, 5 Fwd

CARNIVAL YOUTH EXPERIENCE

Come by for fun activities, games, & more!



DAY OF PLAY

7:45am (ages 0–11) Camp Carnival, 12 Fwd



CELEBRITY HEADS

9:30pm (ages 12–14) Circle "C", 4 Fwd



POOL TIME

8:40pm (ages 15–17) Main Pool, 9 Mid

HASBRO, THE GAME SHOW

Join Gary this evening and see your favorite family games come to life in our larger-than-life game show at sea! Come join in the fun!

EPISODE 2

7:30pm
Toulouse Lautrec, 3, 4 & 5 Fwd

REDFROG'S CARIBBEAN BEACH PARTY

Music, dancing, limbo, giveaways and drink specials. Looks like the only thing we're missing is the sand to make it a true beach party. But join us anyway for RedFrog's Caribbean Beach Party. And as the frog always says, Live Thirsty...!

9:00pm Caribbean Party Music Lido, 9 Fwd
9:45pm Fun & Prize Give Away Lido, 9 Fwd
10:00pm Redfrog's Caribbean Beach Party Lido, 9 Fwd

GET IN ON THE ACT

SHOWCASE OF THE STARS - SIGNUPS

If you've got talent, we've got the stage. Head over to the Showcase of Stars rehearsal to sign up and show the entire ship that you've got some real skills. (Must be over 18 to perform. 5 acts maximum so get there early!)
5:00pm Meet in the Lobby, 3 Fwd

PLAN ON IT

CHOOSE YOUR ADVENTURE

Whether it's adventure, sightseeing or relaxation, Carnival Shore Excursions has something for everyone. Book your tours at the Shore Excursion or Guest Services Desk, but don't wait too long - tours sell out quickly!

7:30am - 9:00am Lobby, 3 Fwd
5:00pm - 7:00pm Lobby, 3 Fwd

THE POINT™ STEAKHOUSE

How'd we create the ultimate steak experience? We combined a delicious steakhouse menu with our unique 'Carnival style'. Succulent beef seasoned and charbroiled to fit your exact specifications, mouth-watering seafood entrées, gourmet appetizers and an extensive wine list – and you've got what we like to consider the best steakhouse on the high seas! For reservations, call 1078. There will be a fee of \$35 per person.

5:30pm - 9:30pm "The Point" Steakhouse 10, Mid

MASTERCARD WITH FUNPOINTS

Earn instant approval...on your Carnival MasterCard® with FunPoints,® that is. Then all your onboard purchases, starting now, will earn you double FunPoints redeemable toward cruise discounts, onboard gifts or onboard credits. You're even eligible to redeem your FunPoints for a \$50 credit on your next card statement.

6:00pm - 8:30pm Future Cruise Desk, 5 Mid

SPA EXPERIENCE

SPA TASTER

Combine 2 treatments for \$99 or 3 for \$129. Choose 25mins of: back massage, Salt/Lime/Ginger full body exfoliation, foot massage, scalp massage, hand massage, hydrating spa facial. Upgrade your back massage for Bamboo or Stones massage for only \$25.

Spa Carnival, 11 Fwd

